

Rules

La Regina Relay Half Marathon

RunRivieraRun Amateur Athletic Association hosts, in collaboration with the Ligurian Regional government, Savona City Council, Finale Ligure City Council, Borgio Verezzi Town Council, Pietra Ligure Council and the Loano Town Council, the third edition of the La Regina Relay non competitive Half Marathon, two-leg (8 and 13 km) Relay Race. The start will take place in the Malpasso locality in Varigotti at 9:30am on Sunday the 29th of October, 2023, just after the start of the RunRivieraRun Half-marathon, with the handover taking place in Piazza Porta Testa, Finalborgo and the finish line in the Loano Marina, Loano (SV).

Participation Requirements

Each Team (be it all male, all female or mixed) must be made up of two athletes/people.

Registration by team will be accepted only. Individual registration is not possible.

Participants must be at least 16 years of age on the day of the race (therefore, by the 29th of October).

A medical certificate attesting to the participant's eligibility for competitive/non competitive sports is obligatory, which must be issued by a general practitioner or sports medicine specialist.

A copy of the aforementioned certificate must be sent to the organising body at info@runrivierarun.it or handed in when participants are given their bibs, otherwise they will not be allowed to take part.

How to Register

Registration fees for participation in the La Regina Relay Half Marathon equal 30 euros (15 € per participant) if paid by the 30th of September, or 40 euros (20 € per participant) from the 1st to the 25th of October. Registration can only be completed online at www.enternow.it

The goal of the Regina Relay HM is to run for the Charity Project 2023 which, in this race will be: Dementia Friendly Community, DFC Pietra Ligure

Do you want to know more? Contact RunRivieraRun Asd sports association at info@runrivierarun.it

It goes without saying that participants do not have to be affiliated with any charity cause or project in order to compete.

Registration must be completed by midnight on Wednesday the 25th of October 2023.

Registration for the La Regina Relay Half Marathon will not be possible at the Race Village in Loano Marina (28th of October) or the day of the race (29th of October).

Registration is subject to the payment of the registration fee. Athletes who do not participate in the race will lose their right to a refund of the registration fee paid previously.

The Cost of Registration covers:

1. 1 Race kit, including tech gadgets and products offered by the event's sponsors.
2. 1 Number bib with an integrated TDS microchip used to electronically track race times.
3. Third-Party Civil Liability Insurance.
4. A Medal for the athletes who finish in the top of their respective categories.
5. A diploma of participation downloadable at www.enternow.it or via sms with completion time, by communicating participants' mobile phone numbers at the time of registration (must be legible)
6. Technical assistance (refreshment, snacks and sponging along the race route).
7. Meal service at the finish line
8. Guaranteed medical assistance along the entire race route, including emergency services deployed to fixed points of the marathon route and at the Finish Line.
9. Timing service.
10. Pacemaker service.
11. Safekeeping of the athletes bags and personal effects (locked aboard vehicles provided by the event)

- organizers; drop-off – Varigotti, collection – Loano.
12. Porter Potties at the Starting Line (Varigotti).
 13. Showers, bathrooms and men's and women's changing rooms at the Finish Line (Loano Marina).
 14. Massages

A shuttle service is available, leaving from Loano Marina near the roundabout in front of the level crossing (close by the Amico Shipyards) in the morning, made up of 3 shuttles running one-way that leave at 7 am and carry out specific stops on request if communicated days before the race and whose destination is the starting area. Donations starting at 1€ are accepted in favour of the Charity Project 2023.

Prizes

Prizes will be given to the first 3 all-male teams, the first 3 all-female teams and the first 3 mixed teams.

Registration confirmation

Team numbers will only be given out once registration has closed, in order to assign consecutive numbers to the teams participating.

Official confirmation letter

A few days before the event, all participants will receive an email that will count as an 'official confirmation letter'. The same email will contain all instructions necessary for bib collection and event participation. It's not necessary to print a paper copy of the email, it can be presented on a smartphone or tablet.

Registration fee reimbursement

Registration fees are in no event reimbursable.

One or more members of each team can be modified between the 1st to the 22nd of October, by paying an additional 15 euros per person.

The person registering to take the place of another athlete must provide all his/her personal information and medical certificate. This procedure for participant substitution must be carried out writing to info@runrivierarun.it

Registration Deadline

Registration will close on the 25th of October 2023.

No registration will be accepted after said date.

Event organizers reserve the right to pre-empt the aforementioned deadline, or conversely accept registrations after the deadline date, at their incontestable discretion.

Bib number Assignment

Bib number assignment will take place after the closure of the registration deadline, in order to assign consecutive numbers to teams signed up to represent the same non-profit organization.

Race kit and bib collection

Athletes can collect their race kits and bibs at the Tensile structure in Loano Marina, Saturday the 28th of October, from 10 am to 7pm.,

On Sunday the 29th starting from 7am to 8:30 am, athletes will be able to pick up their bibs at the start line in Varigotti (Malpasso Locality), however their race kits will be given to them upon arrival at the finish line.

Bag storage service

A sticker bearing each participant's bib number will be handed out alongside each bib, which must be applied to the bag or backpack holding changes of clothes, etc. Before the race, each athlete must leave their bag onboard the vans which will go to Loano Marina (if it belongs to the second leg runner) or conversely put it onboard the van charged with accompanying the first leg runner to Finalborgo. We recommend not leaving personal effects such as mobile phones, wallets, etc., inside said bags. Although event organizers guarantee every effort is made towards the safekeeping of participants' bags, they will not be held responsible for possible thefts.

The Start

La Regina Relay Half Marathon will start at 9.30am, just after the RunRivieraRun Half Marathon.

TDS Timing services

Timing services will be carried out using microchips integrated into the number bibs provided, which allows the Real-Time recording from the Start to Finish lines. Tampering with the chips is absolutely forbidden. Participants who in any way damage their chips will not have their times recorded, and therefore will not be in the final ranking. Each team's time will be recorded at the end of the race (not the interval time).

Time limit

The maximum time limit to finish la Regina Relay Half Marathon is 2 hours and 30 minutes.

Re-fueling/Meal Service

At the handover station and finish line, a sack lunch will be handed out to all participants.

All food will be the same as that during the RunRivieraRun Half-marathon.

Sanctions for fraudulent participation

Registered participants are solely responsible for the safekeeping and personal ownership of their race bibs, acquiring with its possession the ability to use services mentioned in these very regulations e any subsequently announced. a) Anyone who does not possess an official registration, participates without their bib, or who is deemed responsible for damage to people or things, including oneself, will incur all applicable sanctions in accordance with federal athletics governing bodies, and could also incur legal charges for "theft" as established by legal decree article 624. c.p. b) Anyone who attempts to participate wearing a falsified bib, or whose bib is otherwise non-compliant, will incur the same legal and competitive sanctions mentioned above, as well as, possibly, criminal charges of "fraud", as established by legal decree article 650 c.p. The above-mentioned types of cases will be subject to verification using exclusively video/photographic evidence.

Information about La Regina Relay Half Marathon

The start will take place in the Malpasso locality in Varigotti (Finale Ligure) at 9:30am on Sunday the 29th of October, 2023.

The finish line will be in Marina di Loano, Loano.

The maximum allowed time to complete the half marathon will be 2 hours and 30 minutes due to congestion caused by local traffic, but in any case all finishers will be inserted into the official final rankings.

All finishers, including those who do not finish within the maximum time limit, will receive an official medal upon their arrival at the Finish Line area.

The marathon route has been measured and certified by the official FIDAL Route Measurers.

Timing services will be carried out using microchips integrated into the number bibs provided, which allows the Real-Time recording from the Start to Finish lines.

The bib, which must be positioned on the chest in such a way that it is visible and must not be reduced in any way before or during the race (rule 143.8), does not have to return to the event organizers following completion of the marathon.

The official Final rankings will be available starting from the end of the race on the 29th of October on www.tds-live.com and, starting Monday the 30th of October, on www.runrivierarun.it.

Refreshment will be provided for every 5 kilometers, as will sponging every 7.5 kilometers, according to FIDAL regulations. These services are for registered athletes whose bibs are visible. Said services will not be made available to unidentified athletes present on the route.

Photographic services will be present during both events.

The event organizers are covered by insurance for accidents that participants, third parties or things may suffer before, during or after the event.

In accordance with Rule 144.3(a) of the GTR, the following will not be allowed and causes disqualification:

1. People running who are not official participants in the marathon
2. the presence of helpers or chaperones both on bicycle or in motor vehicles

In accordance with Regulation 240.8 (h), athletes must not:

1. Receive or get water in places other than those pre-established by the event organizers

In accordance with Regulation 144.4 (d) devices such as heartbeat monitors, speedometers, step counters, etc., are permitted, so long as they are not used to communicate with other people.

DUE TO ROAD SAFETY ISSUES athletes **ARE STRONGLY DISSUADED FROM** individually using radios, transmitters, mobile phones or similar devices (Walkman, iPods, etc.) during the race.

Image Rights

Athletes registered to participate in the La Regina Relay Half Marathon expressly authorize the free use of their personal images; including still images, filmed images and personal information, both on television, the internet and in newspapers, with the intent to promote and popularize the La Regina Relay Half Marathon for present and future promotional and athletic events connected therein.

Safeguard Clause

By sending the La Regina Half Marathon registration forms, both the athletes and the directors of said athletes' Sports Clubs acknowledge and accept the regulations published

Athletes who do not transit past the data collection stations along the route will be disqualified.

Failure to take place

In the event the race were to be cancelled, postponed to another date and/or unsuccessful for reasons not depending on, nor attributable to the event organizers' intentions (comprising the revocation of public permits on the part of local government bodies), registered participants will not demand anything from RunRivieraRun Amateur Athletics Association, including reimbursement for expenses past, present or future. Registered participants renounce the right to any and all requests for compensation and/or reimbursement and/or demands for reintegration.

Information

info@runrivierarun.it

The organizers reserve the right to modify regulations herein at any time, for the purposes of guaranteeing the best possible event management. Any eventual modifications to services, locations and schedules will be communicated to athletes via email or published on the site www.runrivierarun.it

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